



MEETINGS FOR CHANGE

We recognise the risks posed to the planet from climate change. That's why, as part of our 2027 net zero promise, we have created our 'Meetings for Change' package.

Package includes:

- Unlimited, **ethically** sourced tea and coffee served throughout the day
- Selection of **seasonal**, fresh, whole fruit
- **Hydration** station
- Delicious, calorie & **carbon footprint** labelled lunch
- Morning & afternoon **refuel** snack
- Standard presentation screen
- Complimentary WiFi access
- Room Hire Included
- Event planner to ensure your event runs smoothly
- Onsite car parking available*, although we do encourage delegates to car share or use public transport wherever possible

To minimise waste and support our sustainability objectives notepads & pens aren't available in our meeting packages.

Extras

Syndicate rooms | AV packages | Stadium tour | **Menu upgrades**



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cardiffcityconferenceandevents.co.uk

Minimum numbers may apply. Subject to availability. Valid on new bookings.
*Car parking onsite is limited, please ask us for more information.





SAMPLE MENU

ARRIVAL

Unlimited, ethically sourced tea and coffee served throughout the day

MORNING SNACK

Danish Pastry (362 kcals)



Overnight Oats, Summer Berry Compote, Blueberry Granola (176 kcals)



Raspberry Croissant (ve), (332 kcals)



FOOD LABELS EXPLAINED



Our new carbon labels are colour-coded to show you the carbon score of your meal.

Food labelled 'A' indicates a low carbon rating

FOR LUNCH

Sumac Roasted British Chicken, Flash Fried Rice and Peas (ngci), (591kcals)



Homemade Vegetable Fritters (ve), (447 kcals)



Char Grilled Courgette, Rocket, Tabbouleh and Tomato Salad (ve), (112 kcals)



Crunchy Sumac Spiced Vegetable Salad (ve), (32 kcals)



Cucumber Lemon Tomato Pomegranate Salad with Sumac (32 kcals)



AFTERNOON SNACK

Homemade Banana Flapjack (670 kcals)



Double Chocolate Cookie (ve), (281 kcals)



DESSERTS

Chocolate and Raspberry Mousse, Chocolate Crumble (259 kcals)



Salted Caramel Pannacotta Flapjack Crumble (ve), (361 kcals)



Tiramisu (ve), (343 kcals)



In the UK today, an average lunch or dinner has a carbon footprint of approximately 1.6kg CO₂e. An adult needs an average of 2000 kcals a day. We cannot guarantee that any of our products are allergen free due to being produced in a kitchen that contains allergens. Events at our venue are operated by Levy UK & Ireland, sister company to Lime Venue Portfolio and part of Compass Group UK & Ireland.